



University
of Exeter

NIHR | National Institute
for Health Research



**East Kent
Hospitals University**
NHS Foundation Trust

Research Opportunity

The Parent Carer Empowerment Project

We are developing a programme to support parent carer empowerment and we need your help

What is Empowerment?

Empowerment is defined as the strengthening of parent carers' influence and control over the decisions and actions affecting their child's care.

What will it involve?

Working with parent carers, other health professionals and researchers to develop a programme to support parent carer empowerment.

Depending on your preference, this might include:

- Joining a focus group
- Being interviewed
- Completing a questionnaire
- Participating in a workshop.

Is this project for you?

- ✓ You work directly with children and their families who are accessing services from East Kent Hospitals University Foundation Trust.
- ✓ You manage services for children in East Kent Hospitals University Foundation Trust.



Participants will receive a £15 gift voucher and any travel/child care expenses incurred.

If you would like to be involved in this project, or would like more information, please contact Jim Reeder (lead researcher).

Email: jr898@exeter.ac.uk Phone: 07815649202

