



# Research Opportunity for Parent Carers

## The Parent Carer Empowerment Project

**We are developing a programme to support parent carer empowerment and we need your help**

### What is Empowerment?

Empowerment is defined as the strengthening of parent carers' influence and control over the decisions and actions affecting their child's care.

### What will it involve?

Working with other parent carers, health professionals and researchers to develop a programme to support parent carer empowerment.

### Is this project for you?

- Are you a parent carer of a child with a difficulty that makes it harder for them to join in with normal everyday activities?
- Does your child access healthcare services from East Kent Hospitals University Foundation Trust?

Depending on your preference, this might include:

- Joining a focus group
- Being interviewed
- Completing a questionnaire
- Participating in a workshop.



Participants will receive a £15 gift voucher and any travel/child care expenses incurred.

If you would like to be involved in this project, or would like more information, please contact the research team.

Email: [jr898@exeter.ac.uk](mailto:jr898@exeter.ac.uk) Phone: 07815649202

